

DESCRIPTION OF TASK / ACTIVITY	Risk Assessment: Worked example - Hillwalking Youth club trip up Dumyat from Sherrifmuir Carpark
LOCATION	Dumyat, Blairlogie, Ochils

Item	Aspect of trip: potential hazards and risks	Who is at risk?	What are you already doing, i.e., what Control Measures are already in place?	Further Actions Required
1	Travel & Transport			
	Minibus – risk of collision resulting in injury through driver distraction or careless driving	All participants	<ul style="list-style-type: none"> Minibus driver has completed MIDAS training Seatbelts will be worn by everyone and staff to check they remain on throughout journey At least one staff member will travel in the back of the minibus to monitor behaviour Young people briefed on behaviour expectations 	
	Injury when getting on or off the minibus	All participants	<ul style="list-style-type: none"> Car parks will be used at both ends of journey A member of staff will monitor and raise awareness of any potential issues before young people get off the minibus 	
2	Participants Health & Wellbeing			
	Not having access to prescribed medication leading to medical emergency	All participants	<ul style="list-style-type: none"> Up to date medical information and parental consent has been obtained for everyone Asthma inhalers will be carried by the two young people who might require them with spare inhalers carried by group leader All staff are aware of individuals with medical conditions and will monitor regularly Two staff are first aid trained 	
	Inadequate or unsuitable clothing resulting in exposure/hypothermia	All participants	<ul style="list-style-type: none"> Group leader will check individual clothing before departure and provide suitable alternatives if required Waterproofs, socks, walking boots, gloves and hats will be provided 	
	Young people putting themselves or others at risk due to	Young people	<ul style="list-style-type: none"> Staff know young people well High staff ratio Activities planned throughout walk to maintain interest Group briefed on expectations 	

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	dysregulated behaviour			
3	Venue			
	Route not suitable for ability of group	Young people	<ul style="list-style-type: none"> Staff are familiar with route and have selected it knowing the ability of the young people involved Plan B / alternative route planned if required 	
	Other path users causing risk of injury e.g. (dogs & bikes)	All Participants	<ul style="list-style-type: none"> Awareness raised of other users Staff to check if any participants are afraid of dogs 	
4	Activity			
	Incompetent staff <ul style="list-style-type: none"> Going off route Getting lost Getting on to steep ground Leading to injury or emergency	All participants	<ul style="list-style-type: none"> Group leader holds the relevant NGB award for the location Additional staff are experienced hillwalkers Good staff to participants ratio 	
	Inappropriate plan	All participants	<ul style="list-style-type: none"> Route familiar to leaders and fitness of group adequate for plan Group members have completed several walks in the lead up to this trip Group well prepared and briefed 	
5	Weather & Environment			
	Paths/ground becoming unsafe due to rain/snow/ice	All participants	<ul style="list-style-type: none"> Weather forecast will be obtained in the lead up to and on the day Group leader holds relevant NGB qualifications and is trained and competent to make sound judgements in relation to participants needs Low level alternative planned if required 	
	Low cloud/bad visibility leading to group getting lost or on to steep crags	All participants	<ul style="list-style-type: none"> Map and compass carried by all staff Staff to position themselves to keep group together Group will be briefed on what to do if they get separated 	
6	Emergencies			

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	Participant injured and access to emergency services delayed		<ul style="list-style-type: none"> • Group leader has current and valid first aid certificate • First aid kit carried relevant to group size • Staff familiar with mountain rescue protocol and/or evacuation procedures depending on severity/mobility of injury. • Mobile phone signal is reliable, and charged phone carried by every member of staff • Emergency contact available at base if required • Emergency contacts have been provided for all participants and left with base 	
Prepared by:			Date:	
			Date for review:	
Checked and approved by:			Date:	