

DESCRIPTION OF TASK / ACTIVITY	Labost Sailing Risk Assessment
LOCATION	<i>Dinghy Sailing Labost Harbour</i>

Item	Aspect of trip: potential hazards and risks	Who is at risk?	What are you already doing, i.e., what Control Measures are already in place?	Further Actions Required
1	Travel & Transport			
	Not applicable (equipment in place, groups organise own travel)			
2	Participants Health & Wellbeing			
	Changing facilities and toilets		<ul style="list-style-type: none"> Access to Labost building and if not possible then Tentipi used as warm area. Toilets are at the Mill café. 	
	Participant or staff specific health needs		<ul style="list-style-type: none"> Senior Instructor to check if participants or staff have any health issues and make appropriate adjustments to the session 	
3	Venue (Loch / Marina / River / Sea / Estuary)			
	Labost Harbour Sailing Area		<ul style="list-style-type: none"> As it is a commercial working harbour a close working relationship is maintained with Local Port Authority. The slipway is part of the Trust Grounds so a close working relationship is maintained with them 	
4	Activity (Dinghy / Multi-Hull / Wind-Surf) Dinghy			
	Incompetent staff	Participants & Staff	<ul style="list-style-type: none"> Session led by RYA Senior Instructor, assistants to be at the standard of RYA Assistant Instructor Safety boat drivers to have an RYA level 2 powerboat certificate Senior Instructor to have appropriate first aid training 	
	Inappropriate plan	Participants	<ul style="list-style-type: none"> The Session will be run using the activity specific operating policy The Senior Instructor will have a current forecast and decide if it is appropriate for the location and the participants 	

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			<ul style="list-style-type: none"> • Staff will be in contact with Port Authority watch room on VHF channel 12 to inform them of the session and to check on boat movements. They will let the watch room know when they are off the water at the end of the session, • A listening watch will be maintained on channel 12 throughout the session 	
	Drowning	Participants & Staff	<ul style="list-style-type: none"> • All participants will wear buoyancy aids and helmets on and around the water's edge, staff to check fit. • Water confidence identified and appropriate adaptations made. • Rescue boat will carry appropriate safety and alarm raising equipment for the environment and conditions 	
	Entrapment by equipment after capsizing	Participants	<ul style="list-style-type: none"> • Staff to ensure participants footwear/clothing do not increase likelihood of entrapment in the event of a capsize • Staff to ensure snag hazards such as painter lines, leashes and deck lines follow a clean line policy or are releasable • Participants will be made aware of what to do in the event of a capsize 	
	Equipment Failure	Participants	<ul style="list-style-type: none"> • All equipment is visually inspected before every use • Technical equipment is inspected and recorded annually • Oars and rowlocks to be provided in dinghies, where appropriate • Staff monitoring and rescue boat available 	
	Rescue boat failure	Participants and Staff	<ul style="list-style-type: none"> • No rescue boat, no sailing - sailing will be abandoned if a rescue boat fails and another suitable rescue boat is not available • The rescue boat fitted with appropriate safety equipment e.g., kill cord, paddle, rescue knife, first aid kit, tow/throw line. (A list can be obtained from the RYA) • Rescue boat operators hold minimum qualification RYA Level 2 powerboat award • Kill Cords are to be worn in accordance with RYA Level 2 training 	
	Immersion in cold water - risk of hypothermia, cold water shock	Participants & Staff	<ul style="list-style-type: none"> • Senior Instructor to ensure all wear appropriate equipment for the activity in relation to the conditions, Participants will wear waterproof suits supplied except where approved by the Senior Instructor 	

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			<ul style="list-style-type: none"> Senior Instructor will make a decision within the location specific guidelines, if the weather is appropriate for the session to go ahead, this decision must be kept under constant review 	
	Collision and impact between boats	Participants & Staff	<ul style="list-style-type: none"> Instructors to use an appropriate training progression introducing dangers of collision and rules of the water at appropriate times Buoyancy aids always worn, and helmets should be worn in accordance with site and boat specific operating policies 	
	Slips, trips or falls	Participants & Staff	<ul style="list-style-type: none"> Participants and Staff briefed on the risks Use of appropriate site for the activity Appropriate footwear 	
5	Weather & Environment			
	Inappropriate clothing	Participants & Staff	<ul style="list-style-type: none"> Senior Instructor to get weather forecasts must be obtained before the activity can happen and should ensure participants and staff are wearing the correct clothing. Waterproof suits should be worn by the participants unless the Senior Instructor approves personal equipment like an appropriate wet suit 	
	Too much wind	Participants & Staff	<ul style="list-style-type: none"> Senior Instructor to get weather forecasts must be obtained before the activity goes ahead and decide if the wind is an appropriate speed to operate a safe session 	
6	Emergencies			
	Difficulty in contacting the Coast Guard in an emergency		<ul style="list-style-type: none"> It should be noted there is a poor VHF signal to contact the Coast Guard on VHF channel 16 in areas of Labost Harbour so the Senior Instructor should also carry a mobile phone. If this fails the Port Authority should be contacted to relay the messages to the Coast Guard as per VHF training course. 	
Prepared by:			Date:	
			Date for review:	
Checked and approved by:			Date:	